

# LIVING LIFE through HEALTHY LIVING



Dear Friend, I hope all is well with you and that you are as healthy in body as you are strong in spirit 3 John

## OLC COMMUNITY HEALTH FAIR

**Date:** Saturday, September 15, 2018

**Location:** Our Lady of Consolation Church

2301 Statesville Avenue Charlotte, NC 28206

**Time:** 10:30 AM - 3:30 PM



**And it's free!**

Featuring:  
Heart Health For Women and Men  
Diabetic Education  
Fitness & Fun: "Let's Move"  
Health & Nutritional Information  
Free Health Screenings: Blood Pressure  
Representatives from Local Health care Organizations  
Fun Activities to Test Your Health I.Q.  
& a **FREE** Continental Breakfast

Sponsored by  
Our Lady of Consolation Church Health Ministry  
Atrium Health

Rev. Basile N. Sede, Pastor  
Questions - Contact: Ron Berry, 704-588-1652