



*Hosted by Catholic Charities Diocese of Charlotte*

# Using Technology *and Assistive Devices* *to Age in Place*

**Presented by Tammy Pereboom, ATP**

Tammy Pereboom, ATP, North Carolina Assistive Technology Program



## **Using Technology and Assistive Devices to Age in Place**

Assistive Technology is defined as anything that can help someone perform a functional task easier. During these sessions different devices that can help you maintain independence and live in your home will be demonstrated. The devices will range from simple devices such as a long handled sponge to complex computer based options. During these sessions, Tammy will show us pictures, videos and demonstrations of the different types of equipment that can keep us safe in our homes. The process of borrowing the items from the North Carolina Assistive Technology program prior to purchase as well as potential vendors will be explained during each session.

Tuesday, January 11 | 2 p.m. - 3 p.m.

### **Assistive Technology for Vision and Hearing**

This session will include demonstrations, pictures and videos of various adaptive devices that can assist with vision or hearing challenges. The items for visual challenges will either magnify items or change the color or even read to you. The items for hearing challenges will either amplify sound or alert to common sounds such as doorbell, alarm clock or weather alerts. [Register in advance for this webinar here.](#)

Wednesday, January 12 | 2 p.m. - 3 p.m.

### **Using Adaptive Devices in Our Everyday Activities**

This session will include demonstrations, pictures and videos of various adaptive devices that can assist with every day activities such as bathing, dressing, grooming, cooking and house cleaning. These items will show safer ways to accomplish the tasks while maintaining your independence. [Register in advance for this webinar here.](#)

Thursday, January 13 | 2 p.m. - 3 p.m.

### **Using a Computer or Phone for Independence**

This session will include tips and tricks to use your computer or cellphone easier. We will see demonstrations of using an Alexa/Google home device to turn on the lights as well as control a television. [Register in advance for this webinar here.](#)

**After registering, you will receive a confirmation email containing information about joining the webinar.**

For additional informational or to register over the phone please contact Sandra Breakfield, Program Director Elder Ministry at 704-370-3220 or [sandrab@ccdoc.org](mailto:sandrab@ccdoc.org)



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